

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>8:30 Zoom Yoga 1</p> <p>9:00 Eastham COAch</p> <p>9:30 Brown Bag Program</p> <p>12:30 Eastham COAch</p> <p>1:00 Painting</p>
<p>HOLIDAY SENIOR CENTER CLOSED 4</p>	<p>8:30 Yoga 5</p> <p>9:00 Trivia with Jim</p> <p>10:00 Baked Goods</p> <p>11:00 Light & Fit</p> <p>12:00 Closed Bridge</p> <p>12:15 Mobile Meals</p> <p>2:00 French Club</p>	<p>9:00 Hiking Club 6</p> <p>9:45 HIIT Class</p> <p>12:00 Mobile Pantry</p> <p>12:00 Ask A Nurse</p> <p>12:30 Mah Jongg</p> <p>12:30 Rummikub</p>	<p>9:45 HIIT Class 7</p> <p>11:00 Sit & Fit</p> <p>12:00 Open Bridge</p> <p>12:15 Mobile Meals</p> <p>1:00 Whole Foods</p> <p>2:00 BINGO</p>	<p>8:30 Zoom Yoga 8</p> <p>9:00 Eastham COAch</p> <p>10:30 Summer Safety: Tick Program & Ice Cream Social</p> <p>12:30 Eastham COAch</p> <p>1:00 Painting</p>
<p>11:00 Sit & Fit 11</p> <p>12:30 Mah Jongg</p> <p>1:00 Sailing Trip</p> <p>1:15 SALTY</p>	<p>8:30 Yoga 12</p> <p>9:00 Trivia with Jim</p> <p>10:00 Baked Goods</p> <p>11:00 Light & Fit</p> <p>12:00 Closed Bridge</p> <p>12:15 Mobile Meals</p> <p>12:00 Closed Bridge</p> <p>1:30 NN Book Club</p> <p>2:00 French Club</p> <p>2:45 Meditation</p>	<p>9:00 Hiking Club 13</p> <p>9:45 HIIT Class</p> <p>12:30 Mah Jongg</p> <p>12:30 Rummikub</p> <p>1:00 Sailing Trip</p> <p>1:00 Birthday Club</p> <p>3:30 Summer Grilling with Heather Bailey</p>	<p>9:45 HIIT Class 14</p> <p>11:00 Sit & Fit</p> <p>12:00 Open Bridge</p> <p>12:15 Mobile Meals</p> <p>1:00 Whole Foods</p> <p>2:00 BINGO</p>	<p>8:30 Zoom Yoga 15</p> <p>9:00 Eastham COAch</p> <p>11:30 A Taste of Summer Program with Kim Concra</p> <p>12:30 Eastham COAch</p> <p>1:00 Painting</p>
<p>8:15 Eastham COAch Truro Farmer's Market Trip 18</p> <p>9:45 HIIT Class</p> <p>12:30 Mah Jongg</p> <p>1:15 SALTY</p>	<p>8:30 Yoga 19</p> <p>9:00 Trivia with Jim</p> <p>10:00 Baked Goods</p> <p>11:00 Light & Fit</p> <p>12:00 Closed Bridge</p> <p>12:15 Mobile Meals</p> <p>2:00 French Club</p> <p>2:45 Meditation</p>	<p>9:00 Hiking Club 20</p> <p>9:45 HIIT Class</p> <p>11:30 Bites & Bingo</p> <p>12:30 Mah Jongg</p> <p>12:30 Rummikub</p>	<p>9:45 HIIT Class 21</p> <p>11:00 Sit & Fit</p> <p>12:00 Open Bridge</p> <p>12:15 Mobile Meals</p> <p>1:00 Whole Foods</p> <p>2:00 BINGO</p>	<p>8:30 Zoom Yoga 22</p> <p>9:00 Eastham COAch</p> <p>12:30 Eastham COAch</p> <p>1:00 Free Flicks Friday</p> <p>1:00 Painting</p>
<p>9:45 HIIT Class 25</p> <p>11:00 Sit & Fit</p> <p>12:30 Mah Jongg</p> <p>1:15 SALTY</p>	<p>8:30 Yoga 26</p> <p>9:00 Trivia with Jim</p> <p>10:00 Baked Goods</p> <p>11:00 Light & Fit</p> <p>12:00 Closed Bridge</p> <p>12:15 Mobile Meals</p> <p>2:00 French Club</p> <p>2:45 Meditation</p> <p>5:30 Fun Night Out with Wild Care</p>	<p>9:00 Hiking Club 27</p> <p>9:30 Ladies Coffee</p> <p>9:45 HIIT Class</p> <p>12:30 Mah Jongg</p> <p>12:30 Rummikub</p> <p>1:00 Men's Meetup Elks Lodge</p>	<p>9:45 HIIT Class 28</p> <p>11:00 Sit & Fit</p> <p>12:00 Open Bridge</p> <p>12:15 Mobile Meals</p> <p>1:00 Whole Foods</p> <p>2:00 BINGO</p>	<p>8:30 Zoom Yoga 29</p> <p>9:00 Eastham COAch</p> <p>11:30 Lobster Roll Luncheon with Natalia Bonfini</p> <p>12:30 Eastham COAch</p> <p>1:00 Painting</p>