



EASTHAM COUNCIL ON AGING

COA Board Meeting 2/23/2023

COA Board Chair Joan Lockhart called the meeting to order at 9:30 am

COA Board Members Present: Carol DiBona, Beverly Hobbs, Joan Lockhart, Richard Trimble, Pat Turiello, Pat Unish

FECO Board Members Present: Pat Lariviere

COA Staff Present: Dorothy Burritt, Monica Keefe-Hess

Minutes from the December 15, 2022 and January 26, 2023 meetings were approved unanimously.

Directors Report:

- Dorothy reported an increase in units of service and number of individuals served year over year for the month of January.
- Dorothy noted that enhanced SNAP benefits through the pandemic relief package have ended. Grab and go meals from the Family Table Collaborative are now available three times per month, which will help to mitigate the impact of the benefits loss for those participants. Additionally, the center is distributing 100 meals per week to 50 individuals, which continues to address the nutritional and food security needs of our most vulnerable population.
- Dorothy announced that Wendy Apostol has officially become a certified Senior Fitness Instructor.

Chairperson's Report:

- Joan noted that she emailed an updated report from UMASS with minor edits. The updated report provides stronger Eastham specific data and a broader range of recommendations.
- Joan shared the UMASS report with Jacqui Beebe. UMASS will present a PowerPoint summarization to the board of selectmen in April.
- Joan announced the resignation of Jan Guidess from the COA board.

Committee Reports:

- **Elder Services update**
 - Carol DiBona noted that Elder Services' new website has a link where you can register to receive their newsletter which provides updates on what is happening at the state level as well as Cape and Islands.
- **FECO Updates:**
 - Pat Lariviere reported that the Thrift Shop has re-opened, and the response has been overwhelming.
 - The next FECOA Board meeting is scheduled for Wednesday, March 1st at 9:30 at the COA. Beverly Hobbs and Richard Trimble will attend as COA Board representatives.
- **Community Outreach/Luncheon Program:**
 - The Chair read a letter from Paula Bruns regarding the luncheon program she initiated in partnership with local businesses. A lengthy discussion followed regarding sponsorships and the presence of businesspeople at these luncheons, and in

general. Strongly opposing views were expressed and no consensus was reached. Pat Turiello and Joan Lockhart pointed out that the UMass Aging Study recommends more community involvement and Rich Trimble requested that we work with the COA director to seek the Town's legal input into formalizing Sponsor Guidelines for the COA. It also became apparent during the discussion that closer collaboration and communication between the Staff, Friends Board and the COA Board would be very beneficial for all.

- **Volunteers:**
 - Linda Reed was not present.
- **Transportation:**
 - Pat Turiello reported that she and Dorothy are exploring ways to help fund an expansion of the Transportation program. Dorothy is looking into the possibility of using rollover funds from the Formula grant to support this initiative.
- **Old business:**
 - Dorothy is exploring catering options for the Volunteer Luncheon.

Richard Trimble motioned to adjourn the meeting at 11:19 am. Beverly Hobbs seconded the motion. The vote was unanimous.

The next board meeting will be in the Earle Mountain Room at Town Hall on Thursday, March 23rd at 9:30 am.

Respectfully,

Monica Keefe-Hess