



Youth Rec Field Hockey

7 Sessions **Saturdays** Sept 16 thru Nov 4th

9:00 - 10:30 AM

Nauset Regional High School Community Turf, Eastham MA
All students entering grades K - 8 this Fall 2017 are welcome.

Directed by Katie Ilkovich

Accompanied by Allyson Joy and members of the NRHS Varsity Team

Skills Covered:

Dribbling	Passing	Receiving	Dodges
Shooting	Concept Play	Offensive Skills	Defensive Skills
	Basic Rules	Game Play	

The program's goal is to provide an introduction to the sport for those who have never played as well as performance enhancement for those who have experience and want to refine their skill set. Focus is on mastering the basic fundamental skills and to develop situational knowledge by way of fun games and small participant competitive play to ensure active participation.

Grades K - 2 Fee: \$40 Grades 3 - 8 Fee: \$40 Reversible Pinnie Included
Registration Online, In Person or by Mail through the Brewster and Eastham Rec Depts.

Please bring: shin guards, mouth guard, water bottle, cleats and sneakers depending on weather conditions and if the program moves indoors.

*Sticks are available for those that do not have their own.

Katie Ilkovich is entering her 7th year coaching field hockey for Nauset High School. This will be her first season as Head Coach. Having recently earned her USA Field Hockey Level 2 Coaching Certification while as an Assistant Coach the past two years for the USA Field Hockey Futures Program. She is CPR/AED Certified, holds an Accredited Interscholastic Coach Certification from NFHS, and Double-Goal Coach from Positive Coaching Alliance. Katie, both played field hockey and is a graduate of Nauset Regional High School and Springfield College.

Sport/Program/Event: _____

Eastham Recreation Department
Registration Form

Participant's Name: _____

Address: _____

Best phone number to contact you: _____

Do you text? Yes No If yes, what number? _____

Participant's D.O.B: _____ Age: _____ and Grade: _____

T-shirt Size: Youth M L XL Adult S M L XL XXI

Parent/Guardian Name(s): _____

Parent/Guardian Phone(s): _____

Allergies/Medical Concerns: _____

Do you have medical insurance? (Please circle one) Yes No

Would you like to be added to our email list to receive notice of events & programs?

 Yes No Already on list!

If yes, please provide your email address: _____

I, the undersigned, understand that there is an inherent risk in recreational programs and that the risk of injury can be minor to severe. I also understand and accept that in case of injury, the Town of Eastham is responsible only for First Aid treatment.

I also understand that participation in recreation programs requires all participants and spectators to behave in a sportsman-like manner.

Media Release: Pictures/video taken in connection with this program/event may be used for promotional purposes for the Town of Eastham.

(Please circle one) I Agree I Disagree

Parent/Guardian Signature

Date