

# "Making Ends Meet"

Wednesday, November 12, 2008

5:30 – 7:30 PM

at Eastham Elementary School  
Schoolhouse Road

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Free information & resources  
for families and individuals of all ages  
in the coming months

*free cooking demos & meal ingredients with Kim Concra,  
Nutrition Educator, Cape Cod Cooperative Extension*



free supper & childcare  
with pre-registration: call 508-240-3310

\* \* \*

***sponsored by the Lower Cape Early Childhood Council  
and H.A.R.T., a Community Development Partnership  
program***

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for information contact Elizabeth at Cape Cod Children's Place  
508-240-3310 [ealdred@c4.net](mailto:ealdred@c4.net)

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