Unwanted Medications?

Crush It, Don't Flush It!

1. Pour medication into a sealable plastic bag and crush. Add water to dissolve.
2. Mix in coffee grounds or a similar material that will render the medication unrecognizable.
3. Seal the plastic bag and put it in the trash.
4. Remove and destroy ALL labels from all medication containers before recycling them.

Patients should ALWAYS refer to printed material accompanying their medication for specific instructions.

Barnstable County
HAZARDOUS MATERIALS PROGRAM
Collaborating with University of Massachusetts Cooperative Extension

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